



Macarthur Football Association Inc Over 30s Women's Rules

Match Duration

- Matches will consist of two (2) halves of 30 minutes each.
- Half-time break: 5 minutes.

Field of Play

- Matches will be played on a field the same size as MiniRoos Under 10–12 fields.
- Field markings should follow the standard MiniRoos field layout where possible.
- Most clubs will play across the width of a full-size field, allowing 2 games to be played on a main pitch- cones will be permitted if lines are not available on fields

Goals

- Goals will be 5 metres wide x 2 metres high.

Offside

- The offside rule applies.
- No assistant referees (linespersons) will be used. The referee will be responsible for judging offside decisions.

Goalkeeper

- The goalkeeper from goal kicks cannot kick the ball on the full beyond the halfway line
- The goalkeeper cannot kick the ball directly out of their hands (no drop kicks or punts), ball must be thrown

Tackling

- Slide tackles are not permitted.
- Any slide tackle will result in a free kick to the opposing team, and further disciplinary action may be taken at the referee's discretion.

Substitutions

- Unlimited interchange substitutions are permitted.
- Substitutions may occur at any time during the match with the referee's permission.
- Players leaving the field must do so before the substitute enters.

Borrowing

- Normal borrowing rules apply, however player must be over 30
- Cannot borrow from M-League

Age Limit

- 2 x players between the ages of 27 and 30 are permitted per team

General Laws

- All matches will otherwise be played in accordance with the Laws of the Game (Football Australia) unless modified by the above competition rules.

Referee Fee

- The referees will be paid \$60 per game